

RAIDER BAND CAMP 2009!

What to Bring & Wear to Camp *Checklist:*

- Your Instrument and Supplies** (*sticks, reeds, valve oil, pencils, etc.*)
- WATER**
(Camelbacks are welcome and recommended!)
- SUN SCREEN**
- H₂O**
(we'll take frequent hydration breaks!)
- Comfortable Tennis Shoes with Socks (no sandals or flops please)*
- Wear comfortable, breathable clothing (shorts, t-shirts, etc.)*
School appropriate dress is required.
- A Good Attitude**
- SACK LUNCH**
- Hat and a small towel**
- More Water**
- Pencils** (*w/ eraser – NO Pens*)

HOW CAN YOU PREPARE?

- Practice your instrument a few minutes each day:
Scales, Chromatics, Lip slurs, Rudiments, Drop Spins, etc....
Remember to ALWAYS play with your best sound, using your best technique!
- Get some rest!
- **HYDRATE!** *Start Drinking a Glass of water before bed every night!*

BE ON TIME...

Arrive @ least 15 minutes prior to each day's start time – this means:

- Be in the RIGHT PLACE*
- *with the RIGHT EQUIPMENT*
- *@ the RIGHT TIME (early)*
- *with the RIGHT ATTITUDE!*